BALLYFIN

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BALLYFIN

Ballyfin Treatment Rooms



Welcome

Our treatment rooms are a place to unwind, restore and invigorate body, mind and spirit. Our highly trained therapists personalise every treatment to you, so that you leave feeling truly revitalised. A sanctuary of peace, calm and tranquillity.

Our Products

Pevonia skincare

Pevonia

Pevonia is a spa skincare line developed exclusively for elite spas. Since its launch in 1991, it has recognised that the most effective skincare ingredients come from the safest source on earth: nature. By combining effective, safe and natural ingredients with decades of experience in professional skincare, Pevonia remains a global leader in skin rejuvenation and health.

The WellnessFusion™ Ritual

Every Pevonia facial at Ballyfin begins with the signature WellnessFusion™ Ritual. Drawing on Amma, Shiatsu and Swedish massage, it releases tension from the decollete, shoulders, arms and hands, before an anti-ageing pressure-point facial massage with the purest essential oils, for whole-body relaxation and outstanding results.

Facial Treatments

Tailored to your skin with the purest Pevonia formulations

Prescriptive Facial
A bespoke facial for every skin type. Following a professional skin diagnosis, your therapist tailors a deep cleanse, massage and mask from the pure, active Pevonia Botanica range, with outstanding results.
60 mins – €210

Lumafirm Lift & Glow Facial
Ideal for all skin types, this performance-driven facial is instant in effect, using the finest antiageing ingredients for skin that is luminous, firmer and more defined. Perfect before a special event.
60 mins – €225
Contraindications: fish, seafood and seaweed allergy

Plantomer Hydrating Facial
A soft lift-off mask pairs hydrating seaweed with propolis, a natural healing substance rich in vitamin A, to soothe, nourish and calm. Suitable for all skin types, and especially sensitive, eczema-prone and psoriasis-prone skin.
60 mins – €225
Contraindications: seafood and seaweed allergy

Luminous C & Sea Facial
Counteracts photo-ageing, strengthens elasticity and revives dull, sun-damaged skin. A refreshing lift-off mask firms and smooths, delaying the signs of ageing and brightening a dull, sallow complexion.
60 mins – €225
Contraindications: fish allergy

Gentlemen's Facial
A healing, hydrating anti-ageing facial for clogged pores, sensitivity and razor burn. Deep cleansing, steaming and extraction promote total relaxation, finished with a mask that refines, soothes and conditions.
60 mins – €225

Express Facial
A mini facial for those on the go: a cleanse, light exfoliation, pore-refining mask and a veil of light moisturiser. Choose a sensitive, dry, combination or soothing gel mask. Suitable for all skin types.
30 mins – €125
Or add to any Pevonia treatment

Hydra Cloud Facial
A restorative, firming facial with the hydrating power of hyaluronic acid that counteracts the signs of ageing and the effects of sun, pollutants and toxins, leaving skin instantly brighter. For all skin types, especially sensitive and rosaceaprone skin.
60 mins – €225
Contraindications: fish and seafood allergy

Elasto-Firm Facial
Elastin is the protein that forms the skin support network, rebuilds strength and suppleness. This facial uses polypeptides, plant sorghum and collagen sheet mask, to strengthen and leave the skin visible hydrated, radiant and youthful.
60 mins – €225
Contraindications: fish allergy

De-Stress Eye Treatment for Lines and Wrinkles
Plump & repair
Pure freeze-dried collagen intensely hydrates the delicate eye contour, softening the appearance of lines, wrinkles and crepiness.
Add to any Pevonia facial – €95

Ginkgo De-Stress Treatment for Puffiness and Dark Circles
Refresh & decongest
A collagen biomatrix infused with ginkgo biloba boosts circulation, cooling and decongesting to visibly reduce puffiness and dark circles. Ideal as a jet lag treatment for men and women.
Add to any Pevonia facial – €95





Body Treatments

Nurture body and mind

Massage is one of the oldest and simplest forms of therapy, used for centuries to restore wellbeing, heal injury, relieve stress, manage pain and improve circulation. Choose a traditional technique, or a massage customised to your needs with nature's most advanced formulations.

Choose your Pevonia massage oil

Serenity
Alleviates stress and promotes relaxation

Vitality
Energising and uplifting; stimulates alertness

Recovery
Warming and anti-inflammatory; soothes and heals

Clarity
Deeply relaxing, and unscented

Massage

Ballyfin Signature Massage
Relax & unwind
A full face, scalp and body indulgence with your choice of sensual aromatic essential oils, drawing you into deep relaxation while renewing the skin. The ultimate in pampering.
90 mins – €275

Ballyfin Prescriptive Massage
Close your eyes and bid stress farewell. Proven massage techniques combine with aromatherapy to help you unwind and find a deep sense of wellbeing.
60 mins – €200

Deep Tissue Massage
A deep, localised massage to relieve sports-related injuries and encourage healing, finished with a cooling gel of camphor, menthol, azulene and rosemary oil to ease fatigue, cramps and tension, instantly relieving sore and tired muscles.
60 mins – €220

Couples Massage
A synchronised full-body massage for two in The Beech Suite, our couples' treatment room.
60 mins – €400 per couple
90 mins – €530 per couple

Reviving Massage
A head, neck and shoulder massage, ideal for unwinding after travel.
30 mins – €120

Rituals & Body Polishes

Pevonia Stone Relax
Warm basalt stones melt away built-up tension, combined with Pevonia's organic essential oils in a deeply relaxing ritual for mind, body and soul.
90 mins – €275

The Aromatic Escape Ritual
The power of scent
Pure essential oils of lavender, grapefruit and rose with vitamin E promote radiance, relaxation and restful sleep. An Anti-Stress emulsion adds a touch of luxury. Choose a full-body massage, or face and body with an aromatherapy facial.
90 mins Full Body Massage – €275
90 mins Face & Body – €275

Back Ritual with Aromatic Desert Mud
Thermal desert mud, rich in copper, magnesium and zinc for holistic balance, eases aches and tension beneath a cocooning massage, followed by a personalised back, neck and shoulder massage.
45 mins – €180
Add to any Pevonia treatment:
30 mins – €100

Silky Skin Body Polish
A rich, creamy scrub of natural jojoba granules gently lifts impurities and stimulates circulation, leaving skin soft, silky and smooth.
45 mins – €125 or add to any treatment

Chocolate Indulgence Body Exfoliation
Nutrient-rich cacao and energising sea salt leave the skin silky smooth and visibly radiant.
45 mins – €125



Time for Mum

Tailored to safely care for mothers-to-be

Time for Mum Ritual

Enhance the experience of being pregnant. A Pevonia Signature Massage with the Plantomer Facial and a hand and foot treatment, caring for the physiological and psychological changes of pregnancy.

90 mins – €275

Mum to Be Massage

Thinking of two

Designed exclusively for Ballyfin, a Pevonia Signature Massage with pure saffiower and grape seed oil, delivered by your fully trained therapist to relax and relieve both mum and baby.

60 mins – €200

Bath Rituals

Drawn for you in the comfort of your own bedroom

Seaweed Bath €85

A candlelit bathroom awaits as seaweed releases its soothing, moisturising properties, a tradition used for generations to care for and repair the skin, shown to help against signs of ageing and cellulite.

Not suitable with thyroid conditions or seafood and iodine allergies. If unsure, please ask your therapist.

Roses & Romance €210

Ballyfin is a place that inspires romance. Relax with the one you love in a scented bubble bath scattered with fresh rose petals, with a chilled bottle of champagne and strawberries to toast your time together.

Finishing Touches

Ballyfin Luxury Manicure
An aromatic sea salt exfoliant lifts away roughness before anti-ageing, restoring care leaves hands brighter, silky soft and deeply hydrated. Choose your Body Renew™ scent for a personalised experience.
60 mins – €150

Mini Manicure
Cuticle work, file and polish.
30 mins – €100

Mini Pedicure
Cuticle work, file and polish.
30 mins – €100

On Request

Hairdresser
We work with carefully selected local salons. As the hairdresser is not based at Bally/in, advance notice is required.

Yoga
A yoga instructor is available on request and must be booked in advance of arrival.

Personal Trainer
A personal training service is available on request and must be booked in advance of arrival.
Please contact us for details and pricing.

For Your Comfort

A few gentle notes to help you prepare

Booking
All treatments should be booked in advance of arrival to avoid disappointment.

Opening Hours
Treatments are available on request, subject to availability. Pre-booking in advance is required.

Your Treatment
Your therapist will accompany you from your bedroom to the Treatment Rooms via the lift, where a short consultation form is completed before your relaxation begins.

Helpful Tips
Robes and slippers are provided in your bedroom and are recommended for your treatment to aid relaxation, or you may change in the treatment room.

Medical Conditions
If you have a medical condition and are unsure which treatment is most suitable, our therapists will be happy to advise. Pevonia is an active product; please mention any history of skin sensitivity.

Cancellation
As a courtesy to other guests and our therapists, please give 24 hours' notice to cancel. Cancellations within 24 hours, or failure to attend, are charged in full.

Late Arrival
If you arrive late, the time will be deducted from your treatment and the full charge will apply.

All accommodation, food, beverage, activities and spa are subject to a 7.5% service charge.

