



Ballyfin Treatment Rooms

Our treatment rooms provide an ideal place to unwind, restore and to invigorate the body, mind & spirit. Our highly trained therapists can personalize your treatments to your needs and will ensure you leave feeling revitalized. Experience a wonderful oasis of peace, calm and tranquility.

Our Products

Pevonia

Pevonia is a Spa Skincare Line developed exclusively for elite spas. The products launched in 1991 fully recognize that the most effective skincare ingredients can be found in the safest source on earth, in nature. By combining effective, safe and natural ingredients with decades of experience in professional skincare, Pevonia continues to be the global leader in skin rejuvenation and health a worldwide leader in professional skincare.

Enjoy whole body relaxation and outstanding results with an exclusive WellnessFusion™ Journey Experience by Pevonia®. Our Facials include the signature WellnessFusion™ Ritual which combines various techniques from around the world to relax the body, mind, and spirit. Incorporating Amma, Shiatsu, and Swedish massage, the ritual welcome will relax tension and emotional stress from the décolleté, shoulders, arms and hands. Next, an anti-ageing pressure point facial massage is performed using the purest essential oils.



Massage

Massage is one of the oldest and simplest forms of therapy and has been used for centuries to induce health and well-being, heal injury, relieve psychological stress, manage pain and improve circulation. Unwrap smooth, hydrated, radiant skin whilst nurturing your body by indulging in these wondrous body massage therapies. Choose one of our traditional techniques or perhaps a more specific customised massage designed especially for your needs whilst incorporating nature's most advanced ingredient formulations for complete body wellness.

Ballyfin Prescriptive Massage

Close your eyes, relax, and bid stress farewell. Your therapist rhythmically applies proven effective massage techniques combined with aromatherapy to help you de-stress, unwind, and achieve a deep sense of wellness.
60 mins – €120

Clarity Massage

A relaxing massage, promotes relaxation and rejuvenation. **60 mins – €130**

Deep Tissue Massage

This deep localised massage is highly specialised to relieve and encourage healing for sport-related injuries. Your massage is completed with an energising anti-stress cooling gel oozing with Camphor, Menthol, Azulene and Rosemary Oil, designed to alleviate heaviness from fatigue, muscle cramps, tension and stress. This intensive tension-relieving treatment will instantly relieve sore and tired muscle pain Deep tissue. **60 mins - €130 / 30 mins - €80**

Reviving Massage

An ideal treatment to destress and unwind after travel. To include head, neck and shoulder massage. **30 mins - €70**

Bath Rituals

We will create a luxurious experience for you in the comfort of your own bedroom.

Seaweed Bath

A candlelit bathroom awaits you while the seaweed in your bath releases soothing properties and moisturising properties. Seaweed baths have been used for generations in the care and repair of the skin, and have shown to help against signs of aging and cellulite. Please note contra indication to seaweed is thyroid malfunction, seafood and iodine allergies. If unsure please consult with our therapist.

€50

Roses and Romance

Ballyfin is a place that inspires romance. Relax in the bath with the one you love. A scented bubble bath will be drawn for you, fresh rose petals will be set afloat in your bath to set the perfect mood. Relax and toast one another with a chilled bottle of champagne and strawberries.

€155

Cancellation & Etiquette

Booking Information

All treatments must be booked in advance of arrival to avoid disappointment.

Opening Hours

Treatments will be available on request subject to availability. Pre-booking in advance is required

Treatment Rooms Etiquette

Our Therapist will collect you from the comfort of your bedroom prior to your treatment room via the lift. A consultation form will be completed in the luxury of our Treatment Rooms. Our Therapist will make you comfortable in your Treatment Room where your relaxation begins.

Helpful Tips

Robes and slippers are provided to all our guests in your bedroom. Robes are recommended to be worn to treatment rooms to help aid in the relaxation – if you prefer you may also change in the treatment room. Please give your therapist appropriate feedback about your comfort or any troubled areas.

Medical Conditions

We want you to feel as safe and nurtured as possible, therefore if you have a medical condition and are unsure of treatments then our Therapists are happy to offer guidance and assistance on suitable treatments. Pevonia is an active product, please inform your therapist if you have a history of skin sensitivity so that we can tailor your treatment accordingly.

Cancellation Policy

As a courtesy to other guests and our therapists please give 24 hours' notice if you need to cancel your booking. The following cancellation fee applies:
Within 24 hours or failure to show –
Full charge of treatments

Late Arrival

If guests are late for their appointment the time will be deducted from the length of the scheduled treatment and full charge applies.