



BALLYFIN



Ballyfin Treatment Rooms

Our treatment rooms provide an ideal place to unwind, restore and to invigorate the body, mind & spirit. Our highly trained therapists can personalize your treatments to your needs and will ensure you leave feeling revitalized and refreshed.

Our Products

VOYA Organic beauty from the sea

This Northwest coast of Ireland product is 100% certified Organic seaweed and is the base ingredient harvested by hand in an area of unsurpassable natural beauty, untouched by mankind. Give yourself time to drift away and dream, purify the mind from clutter and enjoy the simplistic Voya therapies, wild nature is tamed, ingredients are potent and treatments are therapeutic and unparalleled. Natural Beauty benefits of seaweed include:

- Naturally soothes & moisturises
- Helps against the signs of ageing
- Natural anti-cellulite properties
- Improves suppleness and elasticity of skin
- Traditionally used in the care and repair of the skin
- Cleanses and purifies
- Tones and stimulates the skin

Facials

Organic Environmental Defence Facial 80 mins €120

Of particular benefit for oily, congested, problematic or city skins. This treatment starts with a deep cleansing back treatment leaving this often neglected area feeling purified, smooth and rehydrated. In the facial a double action technique is used working to eliminate toxins, re-balance the skin leaving it calm, cleansed and re-balanced with a clearer complexion.

Organic Anti-Ageing Reviver Facial 80 mins €120

Of particular benefit for maturing, dry or dehydrated skins using a combination of anti-oxidant algae complexes, pro- collagen extracts and a restorative blend of organic ingredients to help fight the signs of ageing, reduce the appearance of fine lines and wrinkles resulting in instantly firmed and tightened skin with a natural radiant glow, ideal after long haul flights to rehydrate the skin.

Massage & Body Treatments

Seaweed Hot Stone Massage

80 mins

€125

One of our star treatments, we use aromatic organic essential oils and leaves of seaweed to soothe the body and mind. We place heated stones on to organic seaweed leaves all over the body – the dual action of the heat soothes the muscles whilst releasing precious extracts from the seaweed in key parts of the body. A truly delightful treatment that goes beyond the normal physical experience of a massage and soothes the soul.

Organic Seaweed Leaf Wrap

80 mins

€120

One of VOYA's truly amazing therapies, imagine been wrapped from head to toe in freshly harvested seaweed leaf. This luxurious Organic marine algae wrap covers the entire body, which is then wrapped in organic muslin and then cocooned in a thermal blanket. This treatment detoxifies, firms and softens the skin and would be excellent in weight loss programmes. The ultimate spa experience, we use the finest seaweed, harvested by hand from the ocean to ensure that the highest content of bio-actives is preserved.

Organic Muslin Bag Massage

80 mins

€120

Soaked warm bags containing a combination of the finest herbs and seaweed are gently massaged into the body. This massage reconditions and rejuvenates your skin by gently exfoliating the outer layers and nourishing deep within. Choose between chamomile, detoxifying peppermint or stimulating fennel.

The Voya Massage

50 mins

€100

An invigorating massage with that VOYA touch. We energise your skin by deeply infusing it with the world's only organic seaweed oil. The seaweed extracts in this oil can renew damaged skin cells, add tone and elasticity and combat cellulite and signs of ageing.

Dry Brushing & Massage Ritual

90 mins

€135

Dry skin brushing helps remove the outer layer of dry, dull skin and improves the absorption of skin treatments. It encourages cell rejuvenation. It's essential to use a firm Horse Hair bristled brush. This treatment starts from the soles of your feet and works all the way up, brushing towards your heart. You will notice the difference in skin texture immediately. This is followed by our seaweed massage oil.

Pregnancy Massage

60 mins

€105

A treatment to offer unrivalled care for the expectant mother to be. Specially designed massage techniques ideal for relaxing both mother and child. This massage will ease the strains brought about by pregnancy and leave your feeling relaxed and rejuvenated.



Hand & Feet Treatment

Luxury Pedicure

€75

60 mins

Lay back and relax while you enjoy our Luxury pedicure. Where problem cuticles are treated, dry skin removed and the feet are cocooned in heated thermal booties to soften the skin. A light head massage is performed while you relax. Finishing with nail shaped to your request.

Luxury Manicure

€75

45 mins

Using the Jessica products, your manicure will re-vitalise problem cuticles and promote strong healthy nails. A warm hand mask cocooned in heated thermal mitts restores skin to softness before finishing with nail shaped to your request.

Finishing Touches

Nail Painting

Professional Geleration Soak-Off Gel Polish

A perfect way to start your stay at Ballyfin, Perfect nails to have you feeling good.

Choice of colours that will keep your nails glowing for up to 3 weeks without chipping, peeling, or fading.

Waxing

Waxing available upon request. Patch test required 24 hours in advance.

Hair and Make-up at Ballyfin

Should you wish to avail of having your hair styled or make up applied during your stay at Ballyfin please book in advance.

Our Packages

Personal Package designed for you!

Our therapists would be delighted to create a unique package to suit your needs. The treatments will be designed from a detailed consultation to find out what your needs are and will be adapted to your specific requirements.

Treatment for Two

Enjoy side by side Signature Massage treatments in our luxurious couples suite. A unique way to relax together & unwind. Ideal for friends and couples, unwind back in your room with a relaxing Ballyfin tea together.

Booking Information

All treatments must be booked in advance to avoid disappointment.

Opening Hours

Ballyfin Treatment rooms will be available on request subject to availability. Pre-booking in advance is required.

Treatment Rooms Etiquette

Our Therapist will meet you in the relaxation area (beside the pool) prior to your treatment time to start to the journey.

A consultation form will be completed in the luxury of our Treatment Rooms.

Our Therapist will make you comfortable in your Treatment Room where your relaxation begins.

Helpful Tips

Robes and slippers are provided to all our guests in your room. Robes are recommended to be worn to treatment room to help aid in the relaxation.

Give your therapist appropriate feedback about your comfort or any troubled areas.

Medical Conditions

We want you to feel as safe and nurtured as possible, therefore if you have a medical condition and are unsure of treatments then our Therapists are happy to offer guidance and assistance on suitable treatments.

Cancellation Policy

As a courtesy to other guests please give 24 hours notice if you need to cancel your booking. The following cancellation fee applies:

Within 24 hours – 50% charge of Treatments

Within 12 hours or failure to show - Full charge of Treatments

Cancellation charges will be made direct to your room account.

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